



The Compression Therapy  
study Group

CTG

2<sup>nd</sup> SEMINAR  
“ROBERT STEMMER”

# THE COMPRESSION THERAPY AND PHLEBOLYMPHOLOGY

The Compression Therapy study Group  
Scientific Director: *Fabrizio Mariani*

Ponzano Veneto - Treviso (Italy)  
June 12-14, 2009

*Scientific Director*

Fabrizio Mariani • *Siena (Italy)*

*Organizing Committee*

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*Faculty*

- Michele Agnati • Ferrara (Italy)  
Giovanni Battista Agus • Milano (Italy)  
Claudio Allegra • Roma (Italy)  
Teresa Lucia Aloï • Pavia (Italy)  
Guido Arpaia • Milano (Italy)  
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Werner Blättler • Zurich (Switzerland)  
Vladimir Blazek • Aachen (Germany)  
Harald Brorson • Malmö (Sweden)  
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Edoardo Colombo • Como (Italy)  
Vincenzo Coscia • Ferrara (Italy)  
Robert Damstra • Drachten (The Netherlands)  
Stefano de Franciscis • Catanzaro (Italy)  
Francesco Ferrara • Napoli (Italy)  
Peter Franks • London (United Kingdom)  
Massimo Fonti • Ancona (Italy)  
Lorenzo Ganassin • Treviso (Italy)  
Vincenzo Gasbarro • Ferrara (Italy)  
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Monika Gniadecka • Copenhagen (Denmark)  
Stefan Haumer • Bolzano (Italy)  
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Marcello Izzo • Nola (Italy)  
Michael Jünger • Greifswald (Germany)  
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Eberhard Rabe • Bonn (Germany)  
Stefano Ricci • Roma (Italy)  
Renate Murena Schmidt • Köln (Germany)  
Simone Serantoni • Prato (Italy)  
Andrea Stella • Bologna (Italy)  
Andrzej Szuba • Wroclaw (Poland)  
Lorenzo Tessari • Trieste (Italy)  
Anne Williams • Glasgow (United Kingdom)

*Compression Therapy is one of the oldest treatments known to man, widely documented and studied down the centuries. It is a key practice in the management of phlebolympheological disorders that affect more than one quarter of the population as demonstrated by myriad scientific publications and the latest evidence based medicine. Despite this, however, Italy still has no regulations governing the quality of compression stockings and bandages, unlike other European countries where only compression therapy articles meeting regulatory quality standards are reimbursed by the national health service.*

*The Seminar on compression Therapy will take stock of the state-of-the-art reports in the field, comparing the experience of many Italian and European experts. The Seminar is dedicated to the late Robert Stemmer, a phlebologist of the world renown whose fundamental work helped place Compression Therapy in phlebology within a recognized scientific framework.*

*Fabrizio Mariani*

13.30 Registration of participants

## SESSION I

VCI

*News*

CHAIRMEN: *T.L. Aloj, M. Fonti*

14.15 Self-care: the self management of compression therapy using elastic stockings

*S. Serantoni*

14.30 Compression therapy in the treatment of venous leg ulcers

*M. Bruschi*

14.45 Ulcer shaving technique

*H.J. Hermanns*

15.00 The attitude to prescribe compression stockings in patients with acute DVT in Italian Angiologic and Thrombosis Units: the data from the master registry

*G. Arpaia*

15.15 Bionic skin therapy - a new method of treatment of spider veins and couperosis

*S. Haumer*

15.30 Discussion

Friday, June 12<sup>th</sup> 2009

SALA A

Friday, June 12<sup>th</sup> 2009

SALA A

## SESSION II

### VENOUS SURGERY

*Up-to-date*

CHAIRMEN: *L. Ganassin, A. Stella*

- 15.50** Selective crosssection vs. radical crosssection:  
technique and long-term results  
*M. Bucalossi*
- 16.10** Haemodynamic patterns for different venous surgery options  
*G.B. Agus*
- 16.30** The role of the endovenous surgery  
*G. Magi*
- 16.40** Surgery for superficial venous insufficiency  
Literature critical analysis  
*M. Perrin*
- 17.00** Discussion
- 17.15** *Coffee break*

15.00

19.00

**ICC MEETING - Parallel Session**

**POSTMASTECTOMY ARM LYMPHOEDEMA**

*New concepts of compression therapy*

CHAIRMAN: *H. Partsch*

Epidemiology of BCRL

*C. Moffatt*

Pathophysiology of BCRL

*P. Mortimer*

Compression bandages: which pressure?

*R. Damstra*

Compression stockings: which pressure?

*M. Jünger*

Compression after liposuction

*H. Brorson*

Compression after lymphatic microsurgery

*C. Campisi*

Role of Intermittent pneumatic compression

*A. Szuba*

Prerequisites for self-management

*A. Williams*

Discussion

*with participation of International Experts*

Friday, June 12<sup>th</sup> 2009

SALA B

Friday, June 12<sup>th</sup> 2009

**SESSION III**

**SCLEROTHERAPY**

*Up-to-date*

CHAIRMEN: *H. Bernbach, A. Cavezzi*

- 17.30 Venous patterns for different sclerotherapeutic options  
*F. Ferrara*
- 17.50 Foam sclerotherapy: methods and complications  
*L. Tessari*
- 18.10 Sclerotherapy and compression  
*R.M. Schmidt*
- 18.30 The role and the future of sclerotherapy  
*S. Ricci*
- 18.50 Discussion

SALA A

## SESSION IV

### COMPRESSION THERAPY

#### *Evidences*

CHAIRMEN: *A. Macciò, M. Pisacreta*

- 09.00** Haemodynamic effects of compression therapy  
*G. Mosti*
- 09.20** Compression bandages: classification, techniques and clinical efficiency  
*C. Moffatt*
- 09.40** Bandages in the management of the venous ulcers  
*P. Franks*
- 10.00** Medical compression stocking and venous ulcers: evidences in healing and QoL  
*W. Blättler*
- 10.20** Indications for compression therapy in venous and lymphatic disease consensus based on experimental data and scientific evidence  
*H. Partsch*
- 10.40** Discussion
- 11.00** *Coffee break*

**11.15** **LECTURE**

CHAIRMAN: *C. Allegra*

European standards for quality evaluation of medical compression stockings. The proper medical prescription

*E. Rabe*

Saturday, June 13<sup>th</sup> 2009

SALA A

Saturday, June 13<sup>th</sup> 2009

SALA A

## SESSION V

### COMPRESSION THERAPY

#### *Research*

CHAIRMEN: *St. Mancini, V. Mattaliano*

- 11.45** Introduction of the smart SIGaT  
*V. Blazek*
- 12.00** The physical meaning of static and dynamic pressure of the interface pressure  
*B. Lun*
- 12.15** Experimental evaluation and clinical consequences relating to the interface dynamic pressure  
*V. Coscia*
- 12.30** The pressure and stiffness in different categories of medical compression stockings  
*M. Jünger*
- 12.40** Discussion
- 13.00** The origins of Compression in the fundamental myth of the Ancient Egyptians: Isis and Osiris  
*C. Gardon-Mollard*

**09.00 LECTURE**

CHAIRMAN: *S. Mancini*

**Microcirculation and compression therapy**

*C. Allegra*

**SESSION VI**

**EDEMA OF THE LOWER LIMB**

*Diagnostics and therapies*

CHAIRMEN: *S. de Franciscis, V. Gasbarro*

**09.30** Physiopathology of venous and lymphatic edema

*M. Izzo*

**09.50** Various forms of leg odema and the methods for study of oedema removal

*M. Gniadecka*

**10.10** Short stretch bandage in leg lymphedema patients

*R. Damstra*

**10.30** Intermittent pneumatic compression

*A. Szuba*

**10.50** *Coffee break*

**11.00** Round knitted MCS are not inferior to flat knitted MCS for the treatment of stable lymphedema

*C. Campisi*

**11.20** Lymphedema: diagnosis and physical therapy. Our experience.

*M. Agnati*

**11.40** Bio-engineering and edema

*A. La Gatta*

**12.00** Pharmacological therapies

*E. Colombo*

**12.30** Discussion

**13.00** Closing remarks and ECM test

Sunday, June 14<sup>th</sup> 2009

SALA A

## Informazioni Generali / *General Information*

### **Sede**

#### ***Congress Venue***

Relais Monaco  
Via Postumia, 63  
Ponzano Veneto  
Tel +39-0422-9641  
www.relaismonaco.it

### **Come raggiungere la Sede Congressuale**

#### ***How to reach the congress venue***

Autostrada A27 Venezia-Belluno  
Uscita Treviso-Nord  
Strada Statale Postumia in direzione Vicenza

### **Lingue ufficiali**

#### ***Official languages***

Italiano e inglese. Sarà prevista la traduzione simultanea.  
*Italian and English. Simultaneous translation will be provided.*

### **Crediti ECM**

#### ***ECM Accreditation***

È stata inoltrata la richiesta di accreditamento ECM al Ministero della Salute per la figura professionale del Medico-Chirurgo e dell'Infermiere Professionale.

*The Seminar has been registered as part of the Italian credit system for medical studies.*

### **Attestato di partecipazione**

#### ***Attendance Certificate***

Il certificato di partecipazione verrà consegnato a tutti i partecipanti regolarmente iscritti che ne faranno richiesta presso il desk della Segreteria al termine dei lavori.

*Registered participants will receive, on request, an attendance certificate at the end of the Congress, available at the reception desk.*

## Informazioni Generali / *General Information*

### **Esposizione tecnico-scientifica**

#### ***Exhibition***

Nell'ambito del Congresso è prevista un'area espositiva per aziende farmaceutiche, apparecchiature elettromedicali e case editrici scientifiche.

Informazioni più dettagliate potranno essere richieste alla Segreteria Organizzativa.

*Participants will have the opportunity to visit representatives from pharmaceutical, diagnostic and equipment companies at the commercial exhibition during the meeting. For more information, please contact the Organising Secretariat.*

### **Quota di iscrizione (IVA 20% inclusa)**

#### ***Registration fee (VAT included)***

Socio CTG	Quota gratuita
<i>CTG Members</i>	<i>Free of charge</i>
Non Socio CTG	€ 360,00
<i>CTG Non Member</i>	
Non Soci UNDER 35	€ 150,00
<i>Non Members UNDER 35</i>	

### **Pagamento**

#### ***Payment***

- > Assegno circolare o bancario intestato e inviato a:

*Bank cheque to be sent to:*

FC Eventi Srl - Vicolo Posterla, 20/2A - 40125 Bologna

- > Bonifico bancario intestato a:

*Bank transfer addressed to:*

FC Eventi Srl - International Bank Account Number: IT58G0558402409000000000077

## Informazioni Generali / *General Information*

### **Cancellazioni e rimborsi**

#### ***Cancellation policy***

Le cancellazioni pervenute entro il **29 maggio 2009** daranno diritto ad un rimborso dell'importo versato meno il 10% per spese amministrative. Dopo tale data non sarà possibile alcun rimborso.

Tutti i rimborsi saranno comunque effettuati dopo lo svolgimento del Congresso.

*All cancellations must be notified in writing to the Organizing Secretariat.*

*Requests for refunds made after the Congress will not be considered.*

*Refunds will be processed after the Congress.*

#### ***Refund:***

- *cancellations before May 29, 2009: 10% will be refund*
- *cancellations after May 29, 2009: no refund*

### **Segreteria Congressuale**

#### ***Secretariat Help Desk***

La Segreteria sarà a disposizione dei partecipanti presso la Sede Congressuale dalle ore 11.00 di venerdì 12 giugno fino al termine della manifestazione.

*The Secretariat Help Desk will be open at the Congress Venue from 11.00 a.m. of Friday, June 12<sup>th</sup> until the close of the meeting.*

### **Prenotazioni alberghiere**

#### ***Hotel Booking***

La Segreteria Organizzativa è a disposizione per informazioni ed eventuali richieste di prenotazione alberghiera.

*The Organizing Secretariat is at your service for information regarding hotels and bookings.*

## Informazioni Generali / *General Information*

### **Programma sociale**

#### ***Social programme***

Sabato 13 giugno - Partenza alle ore 15.00

*Saturday June 13<sup>th</sup> - Departure at 3.00 p.m.*

Murano, Burano, Torcello (Venezia)

### **Cena sociale**

#### ***Gala Dinner***

La cena sociale si terrà in un ristorante di Torcello.

*The gala dinner will be held in a restaurant in Torcello.*

Il programma scientifico del Congresso sarà aggiornato sul sito

*For updates of the scientific programme of the Congress, please visit the website*

**[www.terapiacompressiva.it](http://www.terapiacompressiva.it)**

**Segreteria Organizzativa**  
*Organizing Secretariat*

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